

FLATZ

margherita

marinara, fresh mozzarella, roasted tomatoes, pesto

bbq pork

bbq sauce, pork, shredded mozzarella, crispy onions

chicken bacon jalapeño ranch

garlic butter, grilled chicken, bacon, shredded mozzarella, tomatoes, jalapeño ranch

cheese

marinara, shredded mozzarella, fresh mozzarella

pepperoni

marinara, shredded mozzarella, pepperoni

GRAIN BOWLZ

Z! mexican street corn GF

rice & quinoa, lively greens, grilled chicken, fire-roasted corn & bean medley, diced tomatoes, cheddar, chipotle mayo, cilantro, lime

mediterranean GF V

rice & quinoa blend, lively greens, roasted tomatoes, pickled onions, artichoke, goat cheese, fuji apple cider vinaigrette

chicken bacon avocado GF

rice & quinoa blend, lively greens, grilled chicken, bacon, avocado, pickled red onions, crispy jalapeños, jalapeño ranch



CATERING

boxed lunches

individually packaged for your group, each boxed lunch comes with a pairing of your favorites and is served conveniently in a box with a hunk of bread and a dessert.

soup

choose a tureen for all to share or a four pack for variety. add extra XL's to either option for even more variety. served with bread hunks. serves 10-15.

sandwich trays

choose from a variety of sandwiches with high quality meats, vegetables and garnishes. serves 10-12.

group salads

all salads are built with fresh greens, proteins, veggies, cheese and toppings with dressing served on the side. serves 10-15.

grain bowl bar

choose a mediterranean bar or southwestern bar and let your guests build their own bowl. includes brown rice, chicken, house-made dressings, and an assortment of toppings. serves 10-15.

chili bar

a tureen of your choice of chili served with bread hunks, pickled red onions, shredded cheddar, tortilla strips, and sour cream on the side. serves 10-15.

mac bar

a tureen of classic mac served with an assortment of toppings on the side. serves 10-15.

sides

add chocolate chip cookies, oatmeal raisin cookies, fudge brownies, and marshmallow bars to your group meal. served assorted or individually. choose from a variety of chips to add to your order.

beverages

choose from an assortment of bottled beverages or group sized craft teas and lemonades.



Z! favorite — GF gluten free — V vegetarian



download our mobile app today!

- order & pay in the app
- earn rewards with every order
- get a free bowl of soup upon sign up



order online at Zoup.com or have it delivered



SOUPZ

cup (12oz)
bowl (16oz)
xl quart

selection rotates daily



tasting flightz

pick 3



GRILLED CHEEZE

Z! classic ✓

white bread with white cheddar

pesto cheese

white cheddar, goat cheese, provolone, tomatoes, pesto

maple bacon ham

white cheddar, ham, bacon, maple aioli



MACZ

Z! classic ✓

creamy cheddar cheese, pasta, and pie crust topping

jalapeño popper

classic mac with roasted jalapeños, crispy jalapeños, and pie crust topping

bbq pork

classic mac with pork, cheddar, crispy onions, bbq sauce

buffalo chicken

classic mac with grilled chicken, buffalo sauce

SANDWICHEZ



Z! turkey & bacon club

turkey, ham, bacon, tomatoes, swiss cheese, mayo

pepper jack turkey crunch

turkey, tomatoes, pepper jack cheese, jalapeño chips, jalapeño ranch

Z! cuban

ham, pork, dill pickles, swiss cheese, dijon

hot italian

ham, pepperoni, salami, cherry pepper relish, tomatoes, provolone, mayo

modern tuna

tuna, pickled onions, lively greens, focaccia

chicken toscana

grilled chicken, roasted red peppers, marinated onions, provolone, basil mayo

tomato mozzarella ✓

roasted tomatoes, fresh mozzarella, pesto, balsamic vinaigrette, focaccia

southwest turkey

turkey, tomatoes, pepper jack cheese, chipotle mayo

cali chicken

grilled chicken, roasted red peppers, avocado, white cheddar, jalapeño ranch

chicken salad

chicken salad, lively greens, white cheddar, dried cranberries, candied walnuts

PICK two

select any two favoritez!

- half sandwich
- half salad
- half flatbread
- 8oz soup
- half grilled cheese
- 8oz mac



KIDS MEALZ



mac & cheese

soup (8oz)

half cheese or pepperoni flatz

half turkey or grilled cheese

SALADZ or try as a wrap



chicken & bacon cobb Ⓜ

lively greens, grilled chicken, bacon, gorgonzola, tomatoes, egg, avocado, ranch dressing

cranberry sonoma Ⓜ

spinach, grilled chicken, quinoa, pickled onions, candied walnuts, cranberry, goat cheese, fuji apple cider vinaigrette

Z! southwest pork carnitas

lively greens, pork, fire-roasted corn & bean medley, tomatoes, cheddar, crispy jalapeños, jalapeño ranch dressing

buffalo chicken salad

lively greens, grilled chicken, buffalo sauce, gorgonzola crumbles, diced tomatoes, tortilla strips, ranch dressing

caprese Ⓜ ✓

lively greens, roasted tomatoes, fresh mozzarella, artichoke mix, creamy garlic herb dressing

Z! fiesta chicken Ⓜ

lively greens, grilled chicken, cheddar, tomatoes, fire-roasted corn & bean medley, cilantro & lime, tortilla strips, chipotle ranch dressing

lively chicken caesar

lively greens, grilled chicken, parmesan cheese, homestyle croutons, caesar dressing